



IRVINGTON

UNION FREE SCHOOL DISTRICT

Letter from Health Office Regarding BMI/Weight Status Information

Dear Parent/Guardian:

Summer 2020

As part of the required school health appraisal for **grades K, 1, 3, 5, 7, 9, and 11** from the 2019-2020 school year, your child was weighed and the height was measured. These numbers are used to determine the child's body mass index (BMI) and calculated weight status category (WSC). This calculation assists the doctor to determine if the child's weight is in a healthy range or is too high or too low. New York State Education Law requires that BMI and weight status category be included as part of the child's health examination. Our school district has been selected to take part in a survey by the New York State Department of Health. As nurses, we tally all weight status categories/BMI from the student physical exam and report these findings to the New York State Department of Health.

Only summary information is sent; no names or information about individual students are included. The data is sent to the New York State Department of Health to assist officials in the development of programs for children to be healthy.

If you do not wish to have your child's weight status category information included as part of the Health Department's survey, please complete the section below and return this form to your child's school nurse by December 20, 2020.

School Health Office

Please do not include my child's weight status information in the School Survey.

_____ Grade _____

Print Child's name Date

Print Parent/Guardian name Parent/Guardian signature